

Feelings Word Chart

Intensity	Anger	Fear	Doubtful	Joyful	Loneliness	Sadness	Weakness	Efficacious
Mild	Agitated Annoyed Aroused Bothered Cranky Cross Disagreeable Displeased Frustrated Grouchy Grumpy Hassled Irk Out of sorts Perturbed Resentful Ruffled	Apprehensive Cautious Concerned Defensive Dreading Edgy Fearful Hesitant Jittery Jumpy Nervous On edge Uncomfortable Uneasy	Bothered Dubious Distrustful Questioning Suspicious Uncertain Undecided Unsure Wavering	At ease Blissful Calm Carefree Content Fine Peaceful Pleasant Relaxed Relieved Satisfied Serene Settled Smiling Soothed	Empty Excluded Friendless Hallow Ignored Left out Neglected Overlooked Slighted Taken lightly	Blah Blue Depressed Disappointed Discouraged Discontented Down Dreary Dull Flat Gloomy Heavy-hearted In the dumps Low Melancholy Somber	Bashful Cowardly Drained Feeble Frail Imperfect Insecure Intimidated Self-conscious Small Timid Unable Unsure Unqualified Unworthy Weak	Able Willing
Moderate	Aggravated Aggressive Angry Belligerent Bitter Burned Cruel Exasperated Fired up Harsh Hostile Impatient Indignant Inflamed Mad Mean Obstinate Sore Steamed	Agitated Alarmed Anxious Distraught Frightened Numb Quaking Quivering Shaky Tense Threatened Trembling Troubled Worried	Disconcerted Doubtful Evasive Hesitant Indecisive Mixed up Perplexed Pessimistic Puzzled Skeptical Unbelieving	Cheerful Complete Enjoying Enthusiastic Festive Full Glad Good Happy Inspired Jolly Joyful Lighthearted Merry Optimistic Renewed Sunny Thankful Up	Alone Cast aside Cheated Deserted Discarded Lonesome Lost Shunned Snubbed Stranded Unimportant Unwanted Unwelcome	Dejected Disillusioned Dismal Dismayed Hurt Lonely Miserable Mournful Out of sorts Pessimistic Sad Sullen Unhappy	Crippled Deflated Dependent Demoralized Embarrassed Exhausted Failing Fatigued Fragile Helpless Inadequate Incapable Incompetent Ineffective Inept No good Put down Shaken Spineless Stifled	Assured Competent Confident capable Effective
Strong	Boiling Bristling Brutal Enraged Ferocious Frenzied Fuming Furious Hateful Heartless Incensed Infuriated Irate Outraged Provoked Quarrelsome Raving Ready to explode Revengeful Spiteful Vindictive Vicious	Afraid Agonizing Frantic Frightened Horrified In a cold sweat Panicky Petrified Scared Shaken Terrified Overwhelmed	Bewildered Confused Defeated Disoriented Mistrustful Powerless Unbelieving	Buoyant Delighted Ecstatic Elated Excited Exhilarated Fantastic Giddy Glorious Gratified Joyous Jubilant Magnificent Marvelous Overjoyed Rejoicing Sparkling Splendid Terrific Thrilled Tickled Tremendous Vivacious	Abandoned Alienated Betrayed Disliked Disowned Forsaken Isolated Jilted Ostracized Outcast Rebuffed Rejected Scorned Ugly	Crushed Defeated Desolate Despairing Grief-stricken Hopeless Miserable Useless Worthless	Ashamed At the mercy of Crushed Demeaned Done-for Impotent Insulted Paralyzed Powerless Puny Run down Shattered Unfit Unstable Useless Vulnerable Walked on Weary Wimpy Whipped	Bold Certain Courageous Fortitude Self-confident Self-reliant

	Wrathful			Wonderful				
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